



## WHAT IS A LACTOBOTANICAL PEEL?

Introducing the Lactobotanical Peel by Aspect: Your Path to Radiant Skin!

Our Lactobotanical Peel is a sophisticated skincare solution harnessing the power of Lactic Acid, specifically the gentle and effective L-Lactic Acid. Before you let the term "acid" raise concerns, rest assured that Lactic Acid is a commonly used and safe ingredient found in many skincare products, and our peel is designed to be gentle yet transformative.

L-Lactic Acid delicately breaks the bonds between dull and dead skin cells, eliminating the need for abrasive scrubbing. This allows for the gentle removal of surface impurities, revealing the vibrant and healthy skin beneath.

Experience effective exfoliation without irritation, thanks to the soothing properties of L-Lactic Acid. Our peel stimulates collagen production, promoting skin strength and a more youthful appearance. Enjoy improved skin hydration as the treatment aids in healing and moisture retention within your skin cells.

Whether you're gearing up for a wedding or a birthday celebration, our Lactobotanical Peel is your go-to treatment for quick rejuvenation and glowing skin. What sets us apart is the ability to customize the peel based on your specific skin type and needs. We can tailor the percentage of active ingredients to ensure a treatment that suits you perfectly.

Unveil your skin's radiance with the Lactobotanical Peel by Aspect – the gentle yet powerful solution for a refreshed and vibrant complexion. For more detailed information, consult with our skincare professionals or visit our website. Your journey to radiant skin starts here!

## WHO IS SUITABLE FOR?

Lactobotanical peels are generally suitable for individuals seeking a skincare treatment to address specific concerns and promote skin health. These peels can be beneficial for:

1. **Dull or Uneven Skin Tone:** Lactobotanical peels can help improve the overall radiance and evenness of the skin tone.
2. **Fine Lines and Wrinkles:** The exfoliating properties of the peel, coupled with collagen stimulation, may contribute to a smoother and more youthful appearance.
3. **Acne or Blemish-Prone Skin:** Lactobotanical peels can assist in unclogging pores, reducing breakouts, and promoting clearer skin.
4. **Skin Texture Improvement:** Individuals looking to refine skin texture and achieve a smoother complexion may find these peels beneficial.
5. **Hydration Enhancement:** The peel's ability to aid in moisture retention can be beneficial for those with dry or dehydrated skin.
6. **Mild Exfoliation:** People who prefer a gentle exfoliation method without the harshness of abrasive scrubbing.

It's important to note that while lactobotanical peels are generally well-tolerated, individual responses can vary. Consultation with a skincare professional is recommended to assess your specific skin type, concerns, and goals. They can determine whether a lactobotanical peel is suitable for you and tailor the treatment to address your unique needs. Additionally, individuals with certain skin conditions or contraindications should seek guidance from a healthcare professional before undergoing any chemical peel.

## HOW MANY TREATMENTS DO YOU NEED?

The number of lactobotanical peel treatments needed can vary based on individual skin concerns, goals, and the specific peel formulation used. It's common to undergo a series of treatments to achieve optimal results. Many people start with a series of 4 to 6 treatments, spaced out over several weeks, to allow the skin to heal and regenerate between sessions.

After the initial series, maintenance treatments may be recommended to sustain the benefits. The frequency of maintenance treatments can vary, and some individuals may choose to have a peel periodically for ongoing skin maintenance.

## HOW MUCH DOES IT COST?

Usual price for 1 session is \$90.

## WHAT IS MY DOWN TIME?

The downtime after a lactobotanical peel is generally minimal compared to more aggressive chemical peels. However, individual experiences can vary, and it depends on the intensity of the peel and your skin's sensitivity. Here are some general considerations:

1. **Mild Peeling or Flaking:** You may experience mild peeling or flaking of the skin in the days following the peel. This is a normal part of the exfoliation process as the dead skin cells are shed.
2. **Redness:** Some individuals may experience temporary redness immediately after the peel, but it usually subsides within a day or two.
3. **Avoiding Sun Exposure:** It's advisable to avoid direct sun exposure for a few days post-peel. If sun exposure cannot be avoided, use a broad-spectrum sunscreen with high SPF to protect the treated skin.
4. **Hydration:** Keeping the skin well-hydrated can help minimize any potential dryness or discomfort.
5. **Resuming Regular Activities:** In most cases, individuals can resume their regular activities immediately after the peel. Makeup can usually be applied if desired.

As with any skincare procedure, it's crucial to follow the aftercare instructions provided by your skincare professional. They can provide guidance on specific products to use, how to care for your skin post-peel, and any other considerations based on your individual skin type and the intensity of the peel. If you have concerns or experience unexpected side effects, it's recommended to contact your skincare provider for guidance.

## CONTRAINDICATIONS

Avoid lactobotanical peels if you have:

1. Active skin infections or lesions.
2. Recent sun exposure or tanning.
3. Pregnancy or breastfeeding.
4. Recent use of certain medications.
5. History of allergies or sensitivities.
6. Dermatological conditions.

7. Skin cancer or precancerous lesions.

Always inform your skincare provider about your medical history to ensure suitability and minimise potential risks.