



WHAT ARE DERMAL FILLERS?

Dermal fillers are gel-like substances injected beneath the skin's surface to restore volume, smooth lines, and enhance facial contours. Made from hyaluronic acid or other biocompatible materials, dermal fillers plump areas affected by aging, reducing wrinkles, and adding youthful fullness. They are used for facial rejuvenation, lip enhancement, and addressing hollow areas. Dermal fillers are a non-surgical option, providing immediate results with minimal downtime. While generally safe, individuals should consult with a qualified healthcare professional to discuss potential risks, benefits, and any contraindications based on their medical history.

WHO IS SUITABLE FOR?

Suitability for dermal fillers varies, but generally includes individuals seeking facial rejuvenation, volume restoration, or enhancement. Good candidates are in good overall health, with realistic expectations. Dermal fillers address wrinkles, fine lines, and loss of volume, benefiting those with signs of aging. A popular example is lip enhancement, where dermal fillers enhance lip size and shape. Replacing facial

volume loss due to ageing or weight loss is also an important use of fillers, for example, volumising the cheeks Consulting with a qualified healthcare professional is crucial to assess individual suitability and discuss goals before undergoing dermal filler procedures.

HOW MANY TREATMENTS DO YOU NEED?

Hyaluronic acid fillers are widely accepted to last only 6 to 18 months in the face. However, MRI scans of filler patients have suggested their longevity may be significantly longer than this.

IS IT PAINFUL?

The level of pain during dermal filler injections varies among individuals. While the procedure involves a needle, the application of a topical anaesthetic cream is used 15-30 minutes before the dermal filler procedure is performed. This helps to numb the treatment area, minimising discomfort during the injections. It's a standard measure to ensure that individuals have a more comfortable experience while receiving dermal filler injections.

HOW MUCH DOES IT COST?

Prices vary but start from \$300, A free consultation will be performed we discuss your desires and come up with an individualised plan.

WHAT IS MY DOWN TIME?

Downtime for dermal fillers is generally minimal. Some individuals may experience temporary redness, swelling, or bruising at the injection sites, but these effects typically subside within a few days. Most people can resume their regular activities immediately after the procedure. Makeup can often be used to conceal any visible signs. It's essential to follow post-treatment care instructions provided by your healthcare professional to optimise results and minimise any potential side effects. While individual experiences may vary, the quick recovery time is one of the advantages of dermal filler treatments.

CONTRAINDICATIONS

Contraindications for dermal fillers include:

1. **Allergies:** Individuals with known allergies to the filler substance or its components.
2. **Infections:** Active skin infections or conditions at the injection site.
3. **Pregnancy and Breastfeeding:** Generally, not recommended during pregnancy or while breastfeeding.
4. **Neurological Disorders:** Certain neurological conditions may be a contraindication.

5. **Autoimmune Disorders:** Conditions affecting the immune system may pose risks.
6. **Blood Disorders:** Coagulation disorders or the use of blood-thinning medications.
7. **Young Age:** Some practitioners may advise against fillers in very young individuals.
8. **Unrealistic Expectations:** Those with unrealistic expectations or mental health concerns.

Individuals should consult with a qualified healthcare professional to discuss their medical history and assess suitability for dermal filler.