



WHAT ARE ASPECTS FACIALS?

Indulge in Luxury, Embrace Radiance ✨

Discover the art of self-care with the rejuvenating HYDRATE ME or BRIGHTEN ME Facial at Smooth Touch. Let us guide you through 30 minutes of pure bliss, where skincare meets tranquility.

🌿 Nourishing Elements: The Power Trio

Our secret? A carefully curated trio of skincare marvels: HYDRATE ME

1. **Gentle Cleansing with Purastat 5 Cleanser:** Start with a gentle cleanse, diving deep to prepare your skin for the pampering ahead. Say goodbye to impurities!
2. **Fruit Enzyme Mask Magic:** Nature's bounty in a jar! This mask harnesses the power of fruit enzymes to exfoliate, revealing your skin's natural glow. Prepare for a radiant transformation!
3. **Quenching Hydration with Hydrating Mask:** The hero of the hour! Luxuriate in the deep hydration of this mask, leaving your skin plump, supple, and absolutely radiant.
- 4.

🌟 The Finishing Touches: Extreme B and Phytostat 9

To seal the deal, we finish with a touch of magic – the Extreme B serum and Phytostat 9 moisturiser. This dynamic duo ensures your skin stays hydrated, protected, and adorned with a youthful glow long after you leave the Smooth Touch sanctuary.

✨ **Illuminate Your Radiance, Embrace Your Glow** ✨

Unveil a luminous transformation with our Brighten Me Facial at Smooth Touch. In just a short span, we'll awaken your skin's natural radiance, leaving you with a refreshed and brightened complexion.

🌸 **Elevate with the Power Trio**

Experience the magic of our three-step skincare ritual:

1. **Purify with Purastat 5 Cleanser:** Start with a cleansing experience like no other. The Purastat 5 Cleanser is here to whisk away impurities, leaving your skin primed for radiance.
2. **Exfoliate with Fruit Enzyme Mask:** Say hello to the brilliance of natural exfoliation. Our Fruit Enzyme Mask gently peels away dullness, revealing the radiant skin beneath.
3. **Nourish with Probiotic Mask:** Let your skin drink in the goodness of probiotics. Our Probiotic Mask is here to replenish and restore, leaving you with a healthy, glowing complexion.

🌟 **Finishing Flourish: Extreme B and Phytostat 9**

Complete your Brighten Me experience with a touch of luxury:

- **Extreme B Serum:** Infuse your skin with the power of Vitamin B. This serum targets pigmentation, ensuring an even skin tone.
- **Phytostat 9 Moisturiser:** Seal the radiance with our Phytostat 9 Moisturiser, providing lasting hydration and protection for your newly illuminated skin.

🌺 **A Commitment to Radiance and Wellness**

At Smooth Touch, we believe in the transformative magic of radiant skin and that self-care is non-negotiable. Our Brighten Me Facial isn't just a treatment; it's an ode to your inherent glow. Simultaneously, our Hydrate Me Facial isn't just a treatment; it's a commitment to your well-being. We invite you to experience the transformative power of skincare, tailored just for you.

Ready to shine and hydrate? Book your Brighten Me and Hydrate Me Facials today and let your beauty and wellness shine from within. Because you deserve it!

WHO IS SUITABLE FOR?

The "Brighten Me" and "Hydrate Me" facials at Smooth Touch are suitable for

individuals who are looking to enhance the health and appearance of their skin through specialized skincare treatments. Here's a breakdown:

Brighten Me Facial: This facial is suitable for those who want to address dullness, uneven skin tone, or pigmentation issues. If you're looking to unveil a more radiant complexion and diminish the appearance of dark spots or discoloration, the Brighten Me Facial is tailored for you.

Hydrate Me Facial: Ideal for individuals with dry or dehydrated skin, the Hydrate Me Facial is designed to provide deep hydration, leaving your skin plump, supple, and radiant. If your skin often feels tight, lacks moisture, or looks dull, these facial aims to replenish and revitalize.

Both facials are versatile and can be adapted to various skin types, but they are particularly beneficial for those with specific concerns related to brightness, hydration, and overall skin wellness. It's always a good idea to consult with skincare professionals at Smooth Touch to determine the best treatment for your unique skin needs.

HOW MANY TREATMENTS DO YOU NEED?

The number of treatments needed for the "Brighten Me" and "Hydrate Me" facials at Smooth Touch can vary depending on individual skin conditions, concerns, and goals. Factors such as the current state of your skin, lifestyle, and environmental influences can influence the treatment plan.

In general, many people notice positive effects after a single treatment, experiencing immediate improvements in skin brightness, hydration, and overall radiance. However, for more pronounced and long-lasting results, a series of treatments may be recommended.

A common recommendation is to schedule these facials regularly, such as once a month, as part of a consistent skincare routine. Your skincare professional at Smooth Touch can assess your skin during your initial consultation and recommend a personalised treatment plan based on your specific needs and goals.

HOW MUCH DOES IT COST?

Usual price for 1 session is \$50.

WHAT IS MY DOWN TIME?

1.

Brighten Me Facial:

- Downtime: Minimal
- The Brighten Me Facial typically involves exfoliation and nourishing treatments. While you may experience some mild redness immediately

after the facial, it usually subsides quickly. You can generally go about your day without any significant interruption.

2. **Hydrate Me Facial:**

- Downtime: Minimal
- The Hydrate Me Facial focuses on replenishing and hydrating the skin. Like the Brighten Me Facial, any redness or sensitivity after the treatment is usually temporary. Most individuals can resume their normal activities right away.

It's essential to follow any post-facial care instructions provided by the skincare professionals at Smooth Touch. These may include recommendations for skincare products, sun protection, and avoiding certain activities immediately following the facial.

While the downtime is minimal for these types of facials, individual responses can vary. If you have specific concerns or questions about downtime, it's advisable to discuss them with your skincare professional during the consultation before the treatment.

CONTRAINDICATIONS

1. Skin Infections or Irritations:

- Active infections, such as cold sores, herpes, or bacterial infections on the face.
- Open wounds, cuts, or abrasions on the skin.
- Sunburn or windburn.

2. Allergies:

- Known allergies to ingredients in the facial products or masks being used.

3. Skin Conditions:

- Eczema, psoriasis, dermatitis, or other chronic skin conditions during a flare-up.
- Recent facial surgery or cosmetic procedures.

4. Pregnancy:

- Some treatments and products may not be recommended during pregnancy. Always inform your skincare professional if you are pregnant or trying to conceive.

5. Medications:

- Use of certain medications or topical treatments that may interact negatively with facial ingredients or increase sensitivity.

6. Recent Chemical Peels or Exfoliation:

- Avoiding facials if you've had a recent chemical peel or other exfoliating treatments.

7. Sunburn or Recent Sun Exposure:

- Recent exposure to intense sunlight or tanning beds.
8. Invasive Cosmetic Procedures:
- Recent injections, laser treatments, or other invasive cosmetic procedures in the treatment area.

Always communicate openly with your skincare professional about your medical history, medications, and any changes in your health. They can help assess whether a facial treatment is suitable for you and recommend alternatives or adjustments if needed. If you have any concerns or uncertainties, it's advisable to consult with a healthcare professional before undergoing facial treatments.