



WHAT IS ANTI-WRINKLE?

Anti-wrinkle injections are cosmetic procedures that use neurotoxins, like Botox, to reduce the appearance of wrinkles and fine lines. By blocking nerve signals in targeted muscles, these injections temporarily relax facial muscles, preventing them from contracting and forming wrinkles. The result is smoother, younger-looking skin. Typically administered in areas such as the forehead, around the eyes, and between the eyebrows, anti-wrinkle injections offer a non-surgical solution for a more youthful facial appearance. The effects are temporary, lasting several months, making them a popular choice for individuals seeking a quick and effective way to diminish the signs of aging.

WHO IS SUITABLE FOR?

Anti-wrinkle injections can benefit anybody experiencing visible ageing. Treatments are available from the very first signs of ageing:

For those in their 20s, the first signs of ageing are faint lines across your forehead, as well as skin sagging about the chin and eyes.

Tell-tale signs of ageing in your 30s are less radiance and more tiredness in the face. Crow's feet may appear at the edges of your eyes, particularly if you've experienced sun damage. The "11s" — the two lines between our eyebrows — can become more prominent.

The 40s see deeper smiles lines around the lips, crow's feet, and visible forehead wrinkles.

Your 50s and 60s entail deep wrinkle formation setting in across the face, chin, and neck.

Increasingly, anti-wrinkle injections are also regarded as an effective method for preventing deeper and more noticeable wrinkling later in life. Fewer injections are required for younger people and the results are often spectacular.

HOW MANY TREATMENTS DO YOU NEED?

Anti-wrinkle products are minuscule proteins that in time are broken by enzymes in the body. This is a natural process that occurs over time. Usually, results will last around 3-4 months, though they can persist for up to 12 months in certain cases.

IS IT PAINFUL?

Anti-wrinkle injections may cause mild discomfort, often described as a quick pinch or sting. The sensation is brief and generally tolerable. Many individuals find the cosmetic benefits of reduced wrinkles outweigh the momentary discomfort associated with the procedure.

HOW MUCH DOES IT COST?

It can cost anywhere from \$75- \$600, but with a free consultation and an individualised plan a price will be determined.

WHAT IS MY DOWN TIME?

Anti-wrinkle injections typically involve minimal downtime. You may experience slight redness or swelling at the injection site, but this usually resolves quickly. Most people

can resume regular activities immediately, and noticeable results often become visible within a few days to 14 days.

CONTRAINDICATIONS

Contraindications for anti-wrinkle injections include pregnancy, breastfeeding, certain neurological disorders, allergies to injection components, and current infections at injection sites. Individuals on specific medications or with medical conditions should consult a healthcare professional before undergoing the procedure.